

**The Buddhist Society  
Summer School 2010  
Deeper into Buddhism**

**Programme**

**Arrival Day –Saturday 28 August**

<b>18.15 (Optional) Introductory talk on meditation for those new to meditation (Boutflour Hall)</b>
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19.00 Dinner (*Dining Room*)

20.15 Chairman's Welcome (*Parkinson Lecture Theatre*)

21.00 Tea (*Dining Room*)

21.30 Meditation (*Boutflour Hall*)

**Sunday – Friday**

07.30 Meditation (*Boutflour Hall*)

08.30 Breakfast (*Dining Room*)

09.30 Meditation (*Boutflour Hall*)

10.30 Coffee (*Tithe Barn*)

11.30 Intermediate Buddhism Course (Sunday – Tuesday)  
Themes of The Great Way (Wednesday – Friday)  
(*Parkinson Lecture Theatre*)

13.00 Lunch (*Dining Room*) and free time

16.00 Tea (*Tithe Barn*)

17.00 Buddhist Practice Talks (*Parkinson Lecture Theatre*)

19.00 Dinner (*Dining Room*)

20.15 Evening Talks (*Parkinson Lecture Theatre*)

21.00 Tea (*Dining Room*)

21.30 Meditation (*Boutflour Hall*)

**Departure Day – Saturday 4 September**

07.30 Meditation (*Boutflour Hall*)

08.30 Breakfast (*Dining Room*)

09.30 Depart (**PLEASE HAND IN YOUR KEYS**)