



THE BUDDHIST SOCIETY
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INTRODUCING BUDDHISM

A course of seven consecutive talks designed to acquaint the newcomer with the basic fundamentals of Buddhism.

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| Week 1. | What is Buddhism? The Buddha's life story |
| Week 2. | Three Signs of Being, Three Fires |
| Week 3. | Four Noble Truths |
| Week 4. | Noble Eightfold Path |
| Week 5. | Wheel of Life, Karma & Re-birth |
| Week 6. | The Paramitas |
| Week 7. | Meditation, Where to from here? |

This course is available as a set of 7 CD's or individual talks can be purchased separately.

INTRODUCING BUDDHISM COURSE

7 CD Course

£35.00 from The Buddhist Society Library or by post
Price includes post and packing

Individual CD's

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